



## **After Care Instruction - Silver Fillings**

If we used a local anesthetic to numb the area we treated, this numbness in your lips, teeth and tongue might last for several hours after the procedure. To avoid damage to your tongue and lips, you should avoid any chewing until the numbness has completely worn off.

Silver fillings set to approximately 75 to 90% of their maximum strength in around 1 hour and then reach final strength after 24 hours. Because of this, you should not chew on hard or sticky foods or chew directly on the new fillings for the first 24 hours.

Your tooth (or teeth) may be sensitive to hot, cold or pressure from this procedure. This is COMPLETELY normal. The more invasive the procedure, the more sensitivity you may experience. The possible symptoms of hot, cold or pressure will cease within a few days to a couple of weeks. In very few instances, this sensitivity could last longer than a couple of weeks. As long as your teeth or gums are continuing to feel better, (not staying the same, or getting worse) everything is fine. There is no need for concern.

Once the anesthesia has worn off and you feel as though any of the teeth we have worked on are hitting first, please give the office a call immediately. This imbalance with your bite may cause further discomfort and should be adjusted promptly.

If you have any questions or concerns, please call us at 319-824-6948