



## **After Care Instruction - Extraction**

A certain amount of bleeding is to be expected following oral surgery. Bite on the gauze placed in your mouth for a half hour. If bleeding continues, **wet the gauze in your mouth and remove it**, replacing it with new gauze. Repeat every half hour until the bleeding has stopped.

Do not spit, use a straw, or smoke for the next 48 hours.

Only cold or cool liquids today. Eat on the opposite side of the mouth and refrain from hard foods like crackers, chips, or nuts for the next several days.

Any physical exertion should be avoided for today. Rest and relax.

Mild discomfort may be experienced following the surgery. Please take pain-relief medication *before* the anesthetic wears off.

In case of extreme pain or uncontrolled bleeding after 24-48 hours, please call us right away.

If you have any questions or concerns, please call us at 319-824-6948 or call or text Dr. Weaver's cell phone at 319-290-7648